

Trig Substitution Practice

Do these problems only: 1 – 6, 10 – 12, 13 – 15

In Exercises 1–4, state the trigonometric substitution you would use to find the integral. Do not integrate.

1. $\int (9 + x^2)^{-2} dx$

2. $\int \sqrt{4 - x^2} dx$

3. $\int \frac{x^2}{\sqrt{16 - x^2}} dx$

4. $\int x^2(x^2 - 25)^{3/2} dx$

In Exercises 5–8, find the indefinite integral using the substitution $x = 4 \sin \theta$.

5. $\int \frac{1}{(16 - x^2)^{3/2}} dx$

6. $\int \frac{4}{x^2 \sqrt{16 - x^2}} dx$

7. $\int \frac{\sqrt{16 - x^2}}{x} dx$

8. $\int \frac{x^2}{\sqrt{16 - x^2}} dx$

In Exercises 9–12, find the indefinite integral using the substitution $x = 5 \sec \theta$.

9. $\int \frac{1}{\sqrt{x^2 - 25}} dx$

10. $\int \frac{\sqrt{x^2 - 25}}{x} dx$

11. $\int x^3 \sqrt{x^2 - 25} dx$

12. $\int \frac{x^3}{\sqrt{x^2 - 25}} dx$

In Exercises 13–16, find the indefinite integral using the substitution $x = \tan \theta$.

13. $\int x \sqrt{1 + x^2} dx$

14. $\int \frac{9x^3}{\sqrt{1 + x^2}} dx$

15. $\int \frac{1}{(1 + x^2)^2} dx$

16. $\int \frac{x^2}{(1 + x^2)^2} dx$

Answers

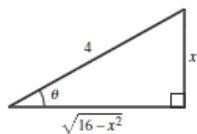
1. Use $x = 3 \tan \theta$

2. Use $x = 2 \sin \theta$

3. Use $x = 4 \sin \theta$

4. Use $x = 5 \sec \theta$

5. Let $x = 4 \sin \theta$, $dx = 4 \cos \theta d\theta$, $\sqrt{16 - x^2} = 4 \cos \theta$.



$$\int \frac{1}{(16 - x^2)^{3/2}} dx = \int \frac{4 \cos \theta}{(4 \cos \theta)^3} d\theta = \frac{1}{16} \int \sec^2 \theta d\theta = \frac{1}{16} \tan \theta + C = \frac{1}{16} \frac{x}{\sqrt{16 - x^2}} + C$$

6. Same substitution as in Exercise 5.

$$\int \frac{4}{x^2 \sqrt{16 - x^2}} dx = 4 \int \frac{4 \cos \theta}{(4 \sin \theta)^2 (4 \cos \theta)} d\theta = \frac{1}{4} \int \csc^2 \theta d\theta = -\frac{1}{4} \cot \theta + C = -\frac{1}{4} \frac{\sqrt{16 - x^2}}{x} + C = \frac{-\sqrt{16 - x^2}}{4x} + C$$

7. Same substitution as in Exercise 5

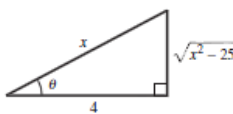
$$\begin{aligned} \int \frac{\sqrt{16 - x^2}}{x} dx &= \int \frac{4 \cos \theta}{4 \sin \theta} 4 \cos \theta d\theta \\ &= 4 \int \frac{\cos^2 \theta}{\sin \theta} d\theta \\ &= 4 \int \frac{1 - \sin^2 \theta}{\sin \theta} d\theta \\ &= 4 \int (\csc \theta - \sin \theta) d\theta \\ &= -4 \ln |\csc \theta + \cot \theta| + 4 \cos \theta + C \\ &= -4 \ln \left| \frac{4}{x} + \frac{\sqrt{16 - x^2}}{x} \right| + 4 \frac{\sqrt{16 - x^2}}{4} + C \\ &= -4 \ln \left| \frac{4 + \sqrt{16 - x^2}}{x} \right| + \sqrt{16 - x^2} + C \\ &= 4 \ln \left| \frac{4 - \sqrt{16 - x^2}}{x} \right| + \sqrt{16 - x^2} + C \end{aligned}$$

8. Same substitution as in Exercise 5.

$$\begin{aligned} \int \frac{x^2}{\sqrt{16 - x^2}} dx &= \int \frac{(4 \sin \theta)^2}{4 \cos \theta} 4 \cos \theta d\theta \\ &= 16 \int \sin^2 \theta d\theta \\ &= 8 \int (1 - \cos 2\theta) d\theta \\ &= 8 \left(\theta - \frac{\sin 2\theta}{2} \right) + C \\ &= 8(\theta - \sin \theta \cos \theta) + C \\ &= 8 \left(\arcsin \frac{x}{4} - \frac{x}{4} \frac{\sqrt{16 - x^2}}{4} \right) + C \\ &= 8 \arcsin \frac{x}{4} - \frac{x\sqrt{16 - x^2}}{2} + C \end{aligned}$$

9. Let $x = 5 \sec \theta$, $dx = 5 \sec \theta \tan \theta d\theta$,

$$\sqrt{x^2 - 25} = 5 \tan \theta$$



$$\begin{aligned} \int \frac{1}{\sqrt{x^2 - 25}} dx &= \int \frac{5 \sec \theta \tan \theta}{5 \tan \theta} d\theta \\ &= \int \sec \theta d\theta \\ &= \ln |\sec \theta + \tan \theta| + C \\ &= \ln \left| \frac{x}{5} + \frac{\sqrt{x^2 - 25}}{5} \right| + C \\ &= \ln |x + \sqrt{x^2 - 25}| + C \end{aligned}$$

10. Same substitution as in Exercise 9

$$\begin{aligned}
 \int \frac{\sqrt{x^2 - 25}}{x} dx &= \int \frac{5 \tan \theta}{5 \sec \theta} 5 \sec \theta \tan \theta d\theta \\
 &= 5 \int \tan^2 \theta d\theta \\
 &= 5 \int (\sec^2 \theta - 1) d\theta \\
 &= 5(\tan \theta - \theta) + C \\
 &= 5 \left(\frac{\sqrt{x^2 - 25}}{5} - \operatorname{arcsec} \frac{x}{5} \right) + C \\
 &= \sqrt{x^2 - 25} - 5 \operatorname{arcsec} \frac{x}{5} + C
 \end{aligned}$$

$$\left[\text{Note: } \operatorname{arcsec} \left(\frac{x}{5} \right) = \arctan \left(\frac{\sqrt{x^2 - 25}}{5} \right) \right]$$

11. Same substitution as in Exercise 9

$$\begin{aligned}
 \int x^3 \sqrt{x^2 - 25} dx &= \int (5 \sec \theta)^3 (5 \tan \theta) (5 \sec \theta \tan \theta) d\theta \\
 &= 3125 \int \sec^4 \theta \tan^2 \theta d\theta \\
 &= 3125 \int (1 + \tan^2 \theta) \tan^2 \theta \sec^2 \theta d\theta \\
 &= 3125 \int (\tan^2 \theta + \tan^4 \theta) \sec^2 \theta d\theta \\
 &= 3125 \left[\frac{\tan^3 \theta}{3} + \frac{\tan^5 \theta}{5} \right] + C \\
 &= 3125 \left[\frac{(x^2 - 25)^{3/2}}{125(3)} + \frac{(x^2 - 25)^{5/2}}{5^5(5)} \right] + C \\
 &= \frac{1}{15} (x^2 - 25)^{3/2} [125 + 3(x^2 - 25)] + C \\
 &= \frac{1}{15} (x^2 - 25)^{3/2} (50 + 3x^2) + C
 \end{aligned}$$

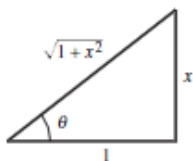
12. Same substitution as in Exercise 9

$$\begin{aligned}
 \int \frac{x^3}{\sqrt{x^2 - 25}} dx &= \int \frac{(5 \sec \theta)^3}{5 \tan \theta} 5 \sec \theta \tan \theta d\theta \\
 &= 125 \int \sec^4 \theta d\theta \\
 &= 125 \int (\tan^2 \theta + 1) \sec^2 \theta d\theta \\
 &= 125 \left(\frac{\tan^3 \theta}{3} + \tan \theta \right) + C \\
 &= \frac{125 (x^2 - 25)^{3/2}}{3 \cdot 125} + 125 \frac{\sqrt{x^2 - 25}}{5} + C \\
 &= \frac{1}{3} (x^2 - 25)^{3/2} + 25 (x^2 - 25)^{1/2} + C \\
 &= \frac{1}{3} \sqrt{x^2 - 25} (x^2 - 25 + 75) + C \\
 &= \frac{1}{3} \sqrt{x^2 - 25} (50 + x^2) + C
 \end{aligned}$$

13. Let $x = \tan \theta$, $dx = \sec^2 \theta d\theta$, $\sqrt{1+x^2} = \sec \theta$.

$$\int x\sqrt{1+x^2} dx = \int \tan \theta (\sec \theta) \sec^2 \theta d\theta = \frac{\sec^3 \theta}{3} + C = \frac{1}{3}(1+x^2)^{3/2} + C$$

Note: This integral could have been evaluated with the Power Rule.



14. Same substitution as in Exercise 13

$$\begin{aligned} \int \frac{9x^3}{\sqrt{1+x^2}} dx &= 9 \int \frac{\tan^3 \theta}{\sec \theta} \sec^2 \theta d\theta = 9 \int (\sec^2 \theta - 1) \sec \theta \tan \theta d\theta = 9 \left[\frac{\sec^3 \theta}{3} - \sec \theta \right] + C \\ &= 3 \sec \theta (\sec^2 \theta - 3) + C = 3\sqrt{1+x^2} [(1+x^2) - 3] + C = 3\sqrt{1+x^2} (x^2 - 2) + C \end{aligned}$$

15. Same substitution as in Exercise 13

$$\begin{aligned} \int \frac{1}{(1+x^2)^2} dx &= \int \frac{1}{(\sqrt{1+x^2})^4} dx = \int \frac{\sec^2 \theta d\theta}{\sec^4 \theta} \\ &= \int \cos^2 \theta d\theta = \frac{1}{2} \int (1 + \cos 2\theta) d\theta \\ &= \frac{1}{2} \left[\theta + \frac{\sin 2\theta}{2} \right] \\ &= \frac{1}{2} [\theta + \sin \theta \cos \theta] + C \\ &= \frac{1}{2} \left[\arctan x + \left(\frac{x}{\sqrt{1+x^2}} \right) \left(\frac{1}{\sqrt{1+x^2}} \right) \right] + C \\ &= \frac{1}{2} \left(\arctan x + \frac{x}{1+x^2} \right) + C \end{aligned}$$

16. Same substitution as in Exercise 13

$$\begin{aligned} \int \frac{x^2}{(1+x^2)^2} dx &= \int \frac{x^2}{(\sqrt{1+x^2})^4} dx = \int \frac{\tan^2 \theta \sec^2 \theta d\theta}{\sec^4 \theta} = \int \sin^2 \theta d\theta \\ &= \frac{1}{2} \int (1 - \cos 2\theta) d\theta = \frac{1}{2} \left[\theta - \frac{\sin 2\theta}{2} \right] = \frac{1}{2} [\theta - \sin \theta \cos \theta] + C \\ &= \frac{1}{2} \left[\arctan x - \left(\frac{x}{\sqrt{1+x^2}} \right) \left(\frac{1}{\sqrt{1+x^2}} \right) \right] + C = \frac{1}{2} \left(\arctan x - \frac{x}{1+x^2} \right) + C \end{aligned}$$